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WEEKEND, AUGUST 21-23, 2015

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essential



DAVE BAXTER/METRO

THEY'VE GOT NO FEAR

WINNIPEGGERS
RAPPEL DOWN
A 17-STOREY
BUILDING
metrNEWS

Tourism up in June

VISITORS

**World Cup
brings visitors
to Manitoba**



Elisha
Dacey
Metro | Winnipeg

June was a whole new ball game for Manitoba.

The province saw a huge spike in tourism numbers for June, and it went beyond just the FIFA Women's World Cup.

More than 68,000 tourists visited the province in June, up 67 per cent year over year from June 2014.

"We saw a huge influx of American visitors during the World Cup, partly because the Americans were playing, but also because it was so close (to the U.S.)," said Linda Whitfield, Travel Manitoba's VP of marketing and communications.

"We're not putting it all down to FIFA at this point, but that was a great boost."

The numbers are encouraging for a lot of the province's economic sectors, she said.

"We've heard positive reports from our museums, from the fishing sector, up in Churchill, they're seeing great traffic for Beluga whale viewing."

Whitfield added other factors have helped, including warm weather, no natural disasters, the lower Canadian dollar and the Canada's Heart Beats Manitoba Tourism campaign.

Manitobans are also staying home and exploring the province, said Whitfield.

She said tour operators in the north report this is the largest number of Manitoba tourists they've seen in years. Across the country, Statistics Canada says two million people visited in June, the highest number in seven years.

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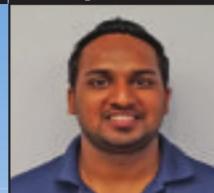
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Speaks Arabic

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Speaks Punjabi & Hindi

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Michael Kushner

Top Performer



Larry Rode

Top Performer



Ivan Nicholl

Top Performer



Manny Estrada
Speaks Tagalog

Top Performer



Wes Heide

Top Performer



Bill Kossack

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From the Assiniboine Park Zoo to the U.S. Army

VETERINARY MEDICINE

Six-month humanitarian mission lies ahead in Africa

 **Shane Gibson**
Metro | Winnipeg

The director of zoological operations at the Assiniboine Park Zoo is taking a six-month leave of absence from work next year, but to find out exactly what he'll be doing you'd need special security clearance from the U.S. government.

What Dr. Brian Joseph can tell us is he is an American citizen who, for the last six-years has served as an army reserve veterinarian for the U.S. Army.

In that capacity, every few years he gets called up to serve his country, and starting in January he's being deployed on a humanitarian mission to Africa.

"Most people don't think military's having a need for veterinarians," said Joseph, 63. "But we have a bunch of roles that you wouldn't think veterinarians have. For instance one of the things we do is certify standards at every food establishment and factory that sells

food, or water, or soft drinks to any military service.

"It's a tradition started in the Civil War when they had veterinarians doing meat inspections."

Joseph said the U.S. military relies on veterinarians to work with physicians in countries around the world on public health matters like diseases that can transfer between animals and people, and of course they also care for the force's working dogs.

Another role includes helping communities to increase livestock production, which Joseph said can vastly improve their standard of living.

"It tends to stabilize villages so they're not attracted to extremist groups," he explained.

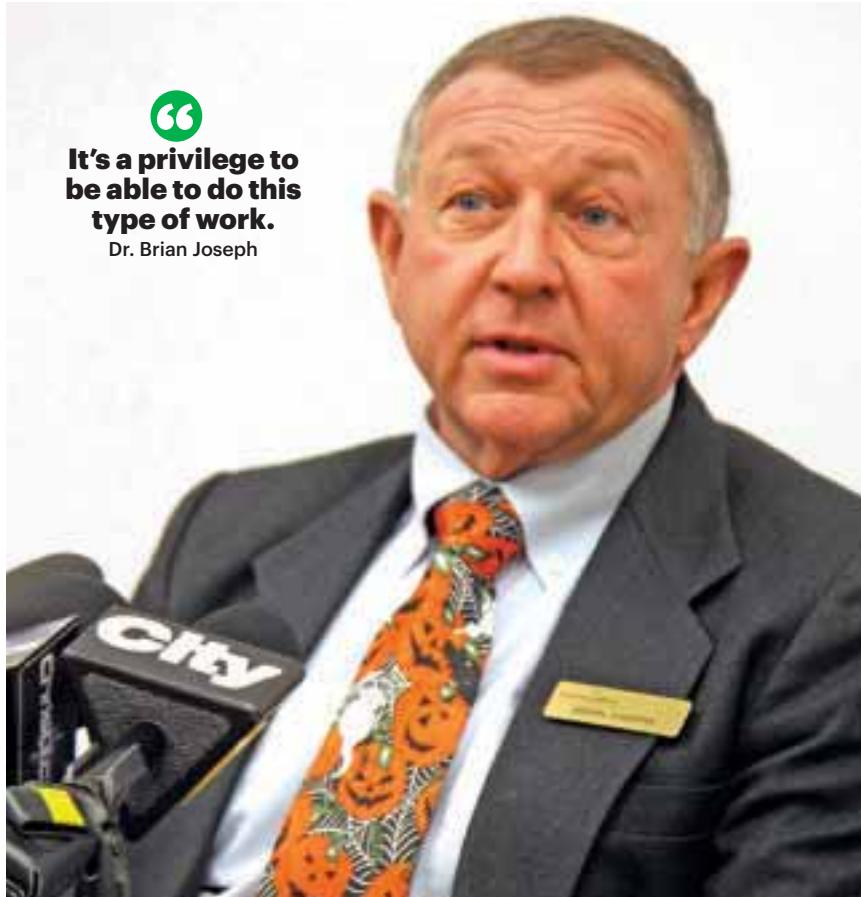
Joseph has previously been posted in the Middle East, Guatemala, Belize, and Alaska, and this time will be stationed out of Djibouti, a small country on the Horn of Africa.

"I will be doing short humanitarian missions in Uganda, Kenya, and South Sudan," said Joseph, explaining his role will be to help with agricultural development and training how to care for military working dogs. "It's a privilege to be able to do this type of work."

While he's away Joseph's role will be filled by other staff at the zoo, and he'll also keep in contact through email during his deployment.

It's a privilege to be able to do this type of work.

Dr. Brian Joseph



Director of Zoological Operations Dr. Brian Joseph is taking a leave of absence to serve as a reserve military veterinarian. SHANE GIBSON/METRO

IN BRIEF

The Forks invites residents to learn about plans

The Forks Renewal Corporation is inviting the public out this week to view some new development plans for the historic site. The public update will happen in The Forks Market Centre Court from 11 a.m. to 2 p.m. on Saturday. METRO

Road closures ahead

A few road closures are set to start this weekend. The ramp from the southbound St. James Bridge to Academy Road will be closed from Friday at 6 p.m. until Tuesday, Aug. 25 at 6 a.m. for maintenance work.

Vaughn Street from The Promenade and Portage Avenue will also be closed Sunday from 8 a.m. to 4 p.m. while crane work happens over head. As well McPhillips Street from Lansdowne Avenue to Leila Avenue will be closed to traffic between 9 a.m. and 11 a.m. Saturday for the Filipino Street Festival Parade. METRO

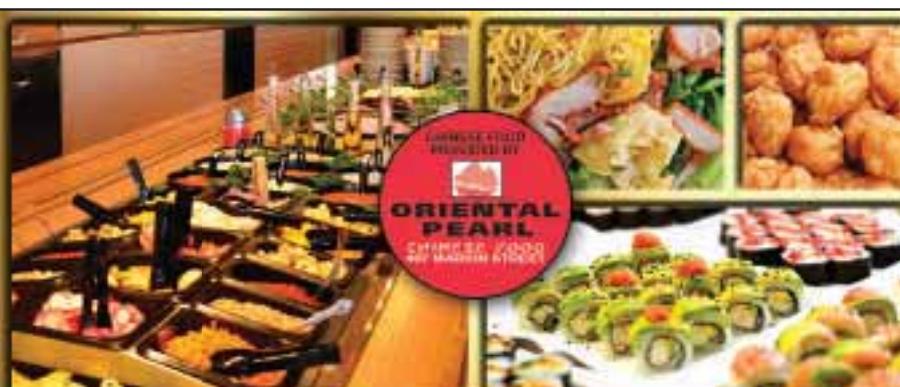
Home care workers reach new tentative deal

Manitoba home-care workers have a new tentative contract.

The deal between the Manitoba Government and General Employees Union and employers follows nearly two years of bargaining. Contract talks focused on working conditions, wages and benefits.

The union says the deal affects 4,800 workers and will be subject to a ratification vote. THE CANADIAN PRESS

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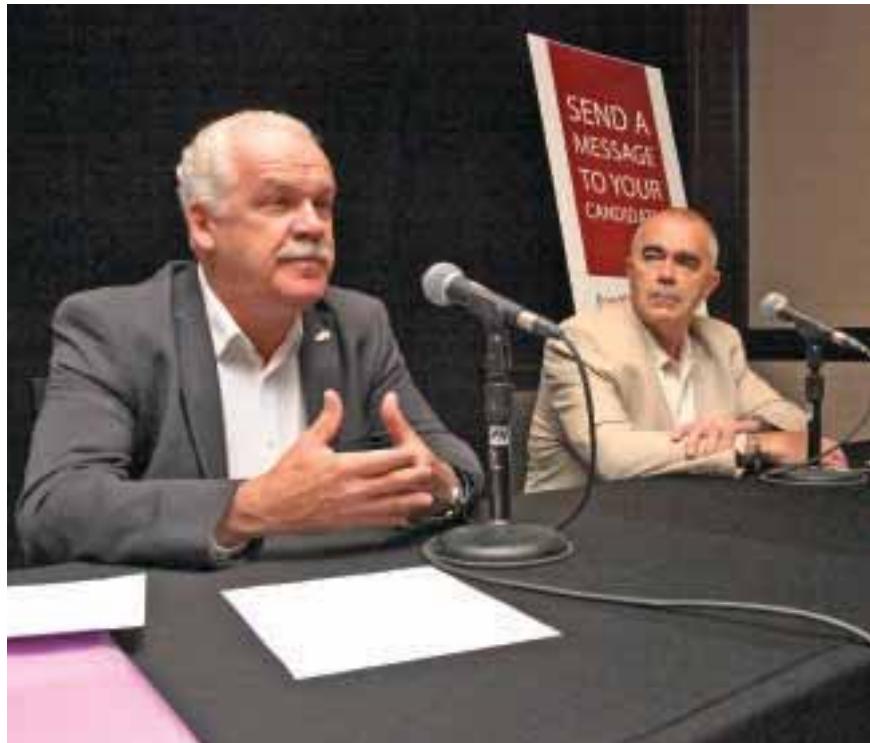
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Union warns against inspector cuts



Chris Aylward and Bob Kingston speak to media Thursday, suggesting that Manitoba was facing a staffing crisis that should be an election issue. SHANNON VAN RAES/FOR METRO

HEALTH

Understaffed meat facilities to see funding further slashed

The union representing Canada's meat inspectors says slaughter facilities in Manitoba are severely understaffed and public safety is at risk.

Bob Kingston, president of the Public Service Alliance of Canada's agriculture union, says slaughterhouses in the province typically operate with one-third fewer inspectors than required by the Canadian Food Inspection Agency.

That will be exacerbated by the federal government's decision to cut \$35 million from the agency's budget, which will mean 273 fewer inspectors across Canada by 2018, he says.

"Canadians do not trust the food industry to police its own safety practices, yet the government is relying more heavily on food-production companies to self-police," Kingston said Thursday at a Winnipeg news conference, one of several the union has

held across the country recently.

"Without action to address the inspection shortage, it is just a matter of time before the next major food-borne illness outbreak occurs."

Tainted cold cuts from a Maple Leaf plant in Toronto led to an outbreak of listeriosis that killed 22 people across the country in 2008.

Three years ago, meat tainted by the E. coli bacteria prompted the XL Foods meat-packing plant in southern Alberta to recall 1.8 million kilograms of beef in Canada and the U.S. No one died, but health officials confirmed that 18 people tested positive for the bacteria.

it is just a matter of time before the next major food-borne illness outbreak occurs.

Bob Kingston

Kingston said the current shortage of federal meat inspectors is so acute, that Manitoba's plants are borrowing inspectors

from other federally licensed facilities to fill in the gaps.

"They can be pulled from those facilities without a lot of screaming and yelling so they can get away with it," he said. "Because inspectors working in Manitoba's federally licensed processing- and cold-storage facilities barely meet minimum staffing levels, this is like robbing the poor to pay the destitute."

A spokesperson for the Canadian Food Inspection Agency was not immediately available for comment.

A spokesman for Health Minister Rona Ambrose has previously said 200 frontline food safety inspectors are to be hired and the government has provided the agency with the highest funding levels in Canadian history.

Chris Aylward, vice-president of the Public Service Alliance of Canada, urged voters to consider food safety when casting a ballot in the upcoming federal election.

"It can't be much worse than what it is today," Aylward said. "For those voters who expect more than what the federal government is delivering on food safety, now is the perfect time to voice your concerns prior to the Oct. 19 election." THE CANADIAN PRESS

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Kim Thorarinson mustered up the courage to rappel down the side of a 17-storey building in downtown Winnipeg on Thursday. DAVE BAXTER/METRO

Taking the plunge

CHARITY

Winnipeggers rappel to raise money for Easter Seals

 **Dave Baxter**
Metro | Winnipeg

Maggie McRae had two simple reasons for wanting to scale down the side of a 17-storey Winnipeg skyscraper.

"Now I can knock something off my bucket list and raise money for a great organization," said McRae, who was one of many people who rappelled down the side of the RBC Royal Bank Building on Portage Avenue on Thursday.

Anyone who took the Easter Seals Drop Zone challenge on

Thursday had to also raise at least \$1,500 that will go to Easter Seals Manitoba, and support children and adults living with disabilities.

McRae celebrated her Scottish heritage by scaling the side of the building in a pink kilt and very colourful outfit, and showed no signs of fear as she went down.

Kim Thorarinson said she was scared to rappel for the first time on Thursday, but she would not back out because of where the money being raised was going.

"My nieces have autism and I know what the foundation does for my sister's family," said Thorarinson.

About 90 people took part in the rappel on Thursday, and this is the 11th year the Easter Seals Drop Zone has taken place in downtown Winnipeg.

CRIME

Pot bust in the North End

A pair of Winnipeggers are facing charges after police found 160 marijuana plants during a raid at a North End home Wednesday.

The plants found in the home in the 300 block of Boyd Avenue have a street value of \$179,200, according to police.

Officers also found \$5,000 worth of growing

equipment and \$7,735 in cash.

A 49-year-old man and a 30-year-old woman are charged with producing a scheduled substance, possession of a substance for the purpose of trafficking, and possession of the proceeds of crime.

Both were released on a promise to appear in court. METRO

HOMELESSNESS

CEO Sleepout brings leaders to streets

More than 100 people will sleep on the streets of downtown Winnipeg this September for one night as a way to help out those forced to sleep outside on many nights.

The fifth annual CEO Sleepout takes place at 201 Portage Ave. on Sept. 24, and sees local CEOs, community leaders and media figures spend the night on the streets.

"Year after year, the CEO

Sleepout raises awareness and funds to end homelessness, and in doing so proves that Winnipeg is a caring community that works together to build a stronger city," said Mayor Brian Bowman in a press release.

Throughout the evening, participants will hear from young leaders like Nathan Unrau of Lunches With Love and Callie Costello of Callie's Backpacks for Winnipeg's

Homeless, as well as representatives from local government and businesses.

Two representatives from Metro Winnipeg will also participate.

"Lots of good can come from just one night," says Stefano Grande, executive director of the Downtown Winnipeg BIZ, which organizes the annual event.

"Homelessness will continue to exist even after the

CEO Sleepout. This unfortunate reality is an important reality check for many of our participants."

Since its inception in 2011, the CEO Sleepout has raised more than half-a-million dollars to employ 137 individuals who are homeless, giving them an opportunity to contribute to the city in a positive and meaningful way, said Downtown Winnipeg BIZ. METRO

METRO CUSTOM PUBLISHING

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What actually works when it comes to losing weight and keeping it off long term?

This is the question every frustrated dieter continues to ask. "Let's face it, pretty much anyone can lose weight one way or another, but it's the science behind the process that determines whether you have lasting results or not," says Erin de Rose, U Weight Loss clinic regional manager.

Successful weight loss has everything to do with the way our hormones respond to the food we eat, particularly insulin and cortisol.

When we eat in such a way that causes excess production of the insulin hormone, and live in such a way that creates excess production of cortisol, the stress hormone, our body immediately starts to store fat. This is simple science.

Research has shown that we are hardwired through our DNA to assume that we are starving or facing famine if we skip meals or don't eat enough at mealtimes. As a result, our metabolism slows down to a crawl, sapping our body's natural ability to burn fat if we create calorie deficits in the wrong way.

"At U Weight Loss, we teach clients how to combine their favourite foods in a way that naturally revs up their metabolism while keeping insulin levels at bay," says de Rose, a former U Weight Loss client who dropped almost 40 pounds in only 12 weeks and has successfully maintained her goal weight for more than two years. "This approach provides safe, natural,

amazing results without the deprivation associated with old diets.

"What's even more inspiring than the fast results is the ability to actually keep the excess weight off permanently.

"Our team in Winnipeg are mostly former clients and we work hard to inspire our clients through education and role modelling. Most of our clients are not lacking discipline, but rather education. Eating less and exercising more is such an antiquated approach to losing weight and simply doesn't work."



Erin de Rose before



Erin de Rose after

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5

THINGS TO KNOW ABOUT THE JAYS (NOW THAT YOU'RE A FAN)

The Toronto Blue Jays are fighting for their first playoff spot since grunge music ruled the charts. If you've decided to jump on the Jays bandwagon, here are a few facts about Canada's only MLB team to help prove you're more than a fair-weather fan.

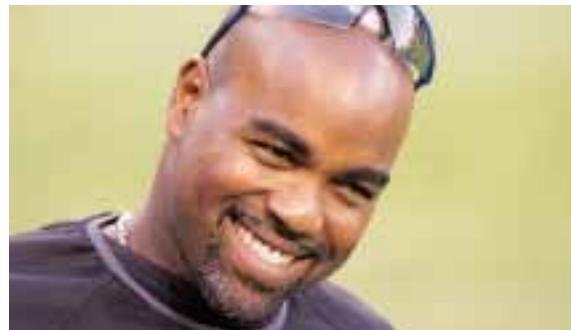
DAVE BAXTER METRO

**1 21-year playoff drought**

The Blue Jays last made the playoffs back in 1993, the same year they won their last World Series championship. Their postseason drought is currently the longest of all MLB teams.

**2 Home-run Joe**

In what's arguably the most famous moment in Blue Jays history, Joe Carter smacked a bottom-of-the-ninth, three-run homer to give the Jays their second-consecutive World Series title in Game 6 in 1993.

**3 All-time home-run leader**

Carlos Delgado has smacked the most home runs in Toronto Blue Jays history, knocking 336 out of the park for the team from 1993 to 2004.

**4 Snowstorm opener**

It doesn't get more Canadian than the Blue Jays' first game in the Big Smoke in April 1977. A snowstorm forced groundskeepers to squeegee snow off the field throughout the game at the old Exhibition Stadium.

5 Fans keep coming

Throughout the ups and downs of their 38 years in Major League Baseball, the Blue Jays have averaged 29,102 fans per game, bringing out a total of nearly 90 million fans since 1977, according to bluejaysfans.ca.



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Blacklist founder opening new lounge

EXCHANGE DISTRICT

Entrepreneur's latest spot will host live music and comedy

Shane Gibson
Metro | Winnipeg

Five years ago Peter Takis was selling printed T-shirts out of his high school locker. Today he's at the helm of a business empire that includes an Exchange District boutique clothing shop and barber shop and a downtown recording studio.

And he's not slowing down a bit.

The 20-year-old entrepreneur has taken over the former home of Ragpickers Antifashion Emporium at 216 McDermot Ave. and is set to open his latest venture — The List lounge — this fall.

"I'm talking about true nightlife in a great location," he said this week, telling Metro opening the lounge was the next step in building a brand that includes nearby Blacklist Boutique and Blacklist Studios.

"Our small group of fans come to the shop to buy a T-shirt, get a fresh cut then drive down the street to record their own music at our studio. By this fall they can finish their night with a drink at our lounge, too."

Takis said he wants the 3,000 square-foot lounge to have a youthful, but mature feel and to that end he said he's hired the designer who puts together RAW:almond's annual pop-up restaurant on



Peter Takis, the 20-year-old behind a local boutique, studio and barber shop, stands in front of the former home of Ragpickers Antifashion Emporium Costumes & Books, which he's set to open as The List lounge this fall. SHANE GIBSON/METRO

When you walk in, it'll look pretty intense.

Peter Takis

the ice at The Forks to lay out the space.

Takis added that he'll have live music every night of the week except one, when there's a comedy night planned.

Since signing a five-year lease on the three-storey century-old building last September, crews have been busy renovating the main floor for the lounge, the basement into a kitchen that'll pump out a pub-styled menu, and increasing the washrooms space to boost the lounge's occupancy permit to 140.

Takis said he and his stakeholders — which includes the building's owner — will have put more than \$500,000 of work into the venture by the

time it opens.

As for the building's second and third floors (which had held Ragpickers' bookstore and entertainment venue) Takis said he has plans for them as well, but he's keeping them close to the chest for the time being.

"Something cool's going to happen very soon," he said. "They will not be office buildings I promise."

Takis hopes to hold a soft opening for The List in late September.

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Lawyer: Novak knew about \$90K cheque

DUFFY TRIAL

Witness was 'taken aback' by PM's views on residency

Ray Novak, the current chief of staff to Conservative Leader Stephen Harper, twice heard Nigel Wright say he would personally provide Sen. Mike Duffy with the money to repay questionable housing expenses, a Crown witness told an Ottawa courtroom today.

Benjamin Perrin, a former lawyer in the Prime Minister's Office, said Novak was sitting at the head of a boardroom table on March 22, 2013, as he and Wright prepared for a conference call with Janice Payne, the lawyer who was negotiating with the PMO about a plan to have Duffy reimburse the Senate for inappropriate living expenses.

Perrin, a witness for the Crown in Duffy's ongoing criminal trial, said as they discussed the possibility that Duffy might go back on his public commitment to voluntarily repay the expenses, Wright, Harper's chief of staff at that time, said they would be repaid because he was paying for them himself.

"I was quite surprised by that statement from him. He had never discussed it with me or consulted with me in any way. It had never been in any contemplation that I ever heard of or speculated on. So, because it was so surprising to me, I immediately looked to my right to see Mr. Novak's reaction and



Benjamin Perrin, former legal adviser to Prime Minister Stephen Harper, arrives the Ottawa courthouse to testify Thursday. Perrin will be cross-examined by defence attorney Donald Bayne beginning Friday. FRED CHARTRAND/THE CANADIAN PRESS

I would not be able to consider myself a resident of Nunavut, having never visited there, simply by buying \$4,000 worth of property. Benjamin Perrin

he didn't have any reaction to that information," Perrin told the court Thursday.

Perrin said Wright repeated that information on the conference call with Payne and that Novak, at the time Harper's principal secretary, remained in the room throughout the call.

The assertion from Perrin that Novak knew about the \$90,172 Wright provided to Duffy was previously shared with the court Tuesday, when defence attorney Donald Bayne read from

an interview Perrin had given to the RCMP.

This was the first time the court heard it directly from Perrin.

The Conservative campaign has told reporters Novak did not know about the cheque, but Harper has not specifically addressed the contradictory information presented at the trial.

Earlier Thursday, Perrin said he was surprised when Harper decided a senator needed to own only \$4,000 worth of property

in a province to be constitutionally qualified for one of its seats.

Perrin was testifying about an early attempt by the PMO to protect Conservative senators by more clearly defining residency in a way that would put to rest any doubts about their eligibility to sit in the Senate.

"The prime minister took the position that residence equals property," Perrin told the court.

The Constitution, Perrin pointed, mentions two criteria for a senator to represent a particular province: owning \$4,000 worth of real property, but also that a senator "shall be resident" there.

Perrin told the court he thought Harper's opinion was on shaky ground.

TORSTAR NEWS SERVICE

ELECTION 2015

Liberals vow \$190M care benefits hike

Justin Trudeau directed his bid for the votes of middle-class families Thursday at Canadians needing to care for a sick loved one, promising that a Liberal government would ensure they have better access to financial support.

As prime minister, Trudeau said, he would commit \$190 million to expand the compassionate care benefit — a pledge he said would have no impact on the amount Canadians pay in employment insurance premiums.

"Too often folks are forced to leave their jobs and drain their personal savings to provide essential care," said Tru-

deau, speaking on the campaign trail in Esquimalt, B.C., on southern Vancouver Island. "That's not right."

Under the broadened Liberal program, Trudeau said benefits could be claimed by someone caring for an ailing family member over and above what they're able to provide in off-work hours, as well as by parents tending to a gravely ill child.

"It's an investment in our middle class but, more to the point, it's simply the right thing to do," Trudeau said. "Caring for each other is an essential part of what makes us Canadian."

Government documents

disclosed under Freedom of Information laws reveal that different stakeholder groups — including the Canadian Cancer Society and the ALS Society — lobbied the Conservatives for changes similar to those being promised by the Liberals, including broadening eligibility requirements

beyond only those in need of end-of-life care.

In its response section, the document said claimants could be eligible for a second period of compassionate care benefits if a loved one's illness subsided before returning later.

THE CANADIAN PRESS

WHERE THE LEADERS ARE TODAY

Stephen Harper: Itinerary unavailable.

Justin Trudeau, Tom Mulcair and Elizabeth May have no public events scheduled.

THE CANADIAN PRESS

2015 to be hottest year ever recorded

GLOBAL WARMING

Climate change 'accelerating': U.S. weather officials

Earth just keeps getting hotter. July was the planet's warmest month on record, smashing old marks, U.S. weather officials said.

And it's almost a dead certain lock that this year will beat last year as the warmest year on record, they said.

July's average temperature was 16.6 Celsius, beating the previous global mark set in 1998 and 2010 by about one-tenth of a degree, according to figures released Thursday by the National Oceanic and Atmospheric Administration. That's a large margin for weather records, with previous monthly heat records broken by a 20th of a degree or less.

"It just reaffirms what we already know: that the Earth is warming," said NOAA climate scientist Jake Crouch. "The warming is accelerating and we're really



A youngster cools down in Bucharest, Romania, in July, when a heat wave affected large areas of the country with temperatures higher than 37 C. VADIM GHIRDA/THE ASSOCIATED PRESS FILE

seeing it this year."

NOAA records go back to 1880. Separate calculations by NASA and the Japanese weather agency also found July 2015 to be a record.

The first seven months of 2015

were the hottest January-to-July span on record, according to NOAA. The seven-month average temperature of 14.7 C is 0.7 degrees warmer than the 20th-century average and a twelfth of a degree warmer than the old

record set in 2010.

Given that the temperatures have already been so high already — especially the oceans, which are slow to cool — NOAA climate scientist Jessica Blunden said she is "99 per cent certain" that 2015 will be the hottest on record for the globe. The oceans would have to cool dramatically to prevent it, and they are trending warmer, not cooler, she said.

Nine of the 10 hottest months on record have happened since 2005, according to NOAA. Twenty-two of the 25 hottest months on record have occurred after the year 2000. The other three were in 1998 and 1997.

THE ASSOCIATED PRESS

VEHICULAR MANSLAUGHTER

Caitlyn Jenner charged

Sheriff's investigators plan to recommend prosecutors file a vehicular manslaughter charge against Caitlyn Jenner for her role in a fatal car crash on the Pacific Coast Highway in Malibu last February, officials said Thursday.

Investigators found that Jenner was driving "unsafe for the prevailing road conditions" because her SUV rear-ended a Lexus, pushing it into oncoming traffic, Los Angeles County Sheriff's Department spokeswoman Nicole Nishida said.

Jenner was hauling an off-road vehicle on a trailer behind her Cadillac Escalade on Feb. 7 when she steered to avoid cars slowing for a traffic light in front of her on Pacific Coast Highway.

Jenner's SUV rear-ended two cars, pushing a Lexus into oncoming traffic.

The Lexus driver, 69-year-old Kim Howe, was killed when her car was struck head-on by a Hummer.

If convicted of such a charge, Jenner could face up to one year in county jail.

THE ASSOCIATED PRESS

CRIME

Pistorius's early release awaits review board decision

A review board has up to four months to decide whether and when Oscar Pistorius will be released from prison into house arrest, a spokesman for South Africa's justice ministry said on Thursday.

Two days before he was due to leave prison, Pistorius's early release was put on hold Wednesday by South Africa's justice department, which sent his case back to a parole review board. The athlete's release was approved eight months into his five-year prison sentence, when he should have served 10 months before even being considered for release, said justice department spokesman Mthunzi Mhaga.

Pistorius, the double-amputee Olympic runner, was convicted last year of manslaughter for killing his girlfriend, Reeva Steenkamp, in 2013.

News of the postponed release came to the Steenkamp family as they held a beachside commemoration for Reeva Steenkamp on Wednesday, what would have been her 32nd birthday, said Jacqui Mofokeng, a member of the



Olympian and Paralympian double-amputee sprinter Oscar Pistorius is serving a five-year prison sentence for the manslaughter death of his girlfriend Reeva Steenkamp. THEMBA HADEBE/THE ASSOCIATED PRESS FILE

women's group who petitioned the justice minister to delay Pistorius' release.

"The mood changed," said Mofokeng. "They sent a num-

ber of messages to individuals to say, 'Thank you very much. This is a better birthday than last year.'"

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A funeral fit for the mob

ORGANIZED CRIME

Mayor of Rome outraged over Hollywood-style service

Romans aghast at a spiralling mafia probe found new reason for outrage Thursday over the Hollywood-style funeral of a purported crime boss: It was replete with a gilded, horse-drawn carriage, flower petals tossed from a helicopter and the theme music from *The Godfather* playing outside the church.

Hundreds of tearful mourners paid their final respects to Vittorio Casamonica, 65, at the San Giovanni Bosco church on Rome's outskirts. Officials identified him as one of the bosses of the Casamonica clan active in the south-west part of the capital.

"You conquered Rome, now you'll conquer paradise," read a banner affixed to the entrance of the church. "King of Rome," read another, featuring Casamonica's image



A horse-drawn carriage containing the coffin of purported mafia boss Vittorio Casamonica is driven past the Don Bosco church. MASSIMO PERCOSSI/ANSA VIA THE ASSOCIATED PRESS

and the Colosseum and St. Peter's Basilica.

Mayor Ignazio Marino called Rome's prefect demanding to know how such a scene could have taken place and tweeted that it was "intoler-

able that funerals are used by the living to send mafia messages."

The parish priest, the Rev. Giancarlo Manieri, said he had no control over what happened outside the church

and that inside, the funeral was celebrated normally, the ANSA news agency reported.

Lawmakers expressed outrage at the scene, which played out on TV newscasts all afternoon and evening:

It is intolerable that funerals are used by the living to send mafia messages.

Mayor Ignazio Marino

Six black horses pulling an antique, black-and-gold carriage to a stop in front of the church as a band played the soulful tunes of *The Godfather*, and mourners tossing bouquets of flowers as the casket was carried into the church. At a certain point, a low-flying helicopter dropped red rose petals on the crowd below.

The funeral came just a day after a judge set Nov. 5 as the start date for the trial of some 59 people charged in a spiralling mafia investigation in the capital, in which local criminal bosses allegedly managed to cement ties with city politicians over lucrative public contracts.

THE ASSOCIATED PRESS

IN BRIEF

Quads born to 65-year-old woman sent home

Doctors in Germany say the quadruplets born prematurely to a 65-year-old woman three months ago have been allowed to leave the hospital.

Berlin's Charite hospital said Thursday that doctors would continue to monitor the babies, who all weigh more than 2.5 kilograms (5 pounds 8 ounces).

Baby Neeta and her brothers, Dries, Bence and Fjonn, were delivered during the 26th week of pregnancy by cesarean section on May 19.

Mother Annegret Raunigk is believed to be the oldest woman to have ever produced quadruplets.

The retired school-teacher has 13 other children aged 10 to 44 from five fathers.

She travelled abroad to have donated, fertilized eggs implanted, a procedure that's illegal in Germany.

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PRESENTATION

Foods take on new rainbow of colours

Mozzarella cheese at Panera restaurants won't be as glaringly white. Banana peppers in Subway sandwiches won't be the same exact shade of yellow. Trix cereal will have two fewer colours.

Food makers are purging their products of artificial dyes as people increasingly eschew anything in their food they don't feel is natural.

But replicating the vivid colours Americans expect with ingredients like beets and carrots isn't always easy. In fact, General Mills couldn't find good alternatives for the blue and green pieces in Trix, so the company is getting rid of

those colours when the cereal is reformulated later this year. The red pieces — which will be coloured with radishes and strawberries — will also look different.

Colours made from fruits, vegetables and spices, present more challenges than artificial dyes. In addition to costing more, colours from fruits and vegetables can be sensitive to heat and acidity. And since they're used in higher doses to achieve boldness, tweaks to other parts of recipes may be needed. Such adjustments can be tricky for companies that manufacture on massive scales.

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market minute



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GOLD
\$1,153.20 US (+\$25.30)

market minute

POLITICS

Sept. 20 is likeliest date for elections, officials say

Greek Prime Minister Alexis Tsipras resigned Thursday and called early elections, an attempt to get a new, stronger mandate to implement a three-year bailout program that sparked a rebellion within his radical left party.

In a televised address to the nation, Tsipras said his government got the best deal possible for the country when it agreed to an 86-billion-euro (\$95-billion-US) bailout from other eurozone countries.

The rescue was all that kept Greece from a disastrous exit from the euro but came with strict terms to cut spending and raise taxes — the very measures Tsipras had pledged to fight when he won elections



Alexis Tsipras, flanked by his aides, leaves the presidential palace in Athens after presenting his resignation on Thursday. LOUISA GOULIAMAKI/AFP/GETTY IMAGES

in January.

His U-turn in accepting the demands by the country's creditors led to outrage among hardliners in his Syriza party,

with dozens voting against him during the bailout's ratification in parliament last week, which was approved thanks to support from opposition parties.

Tsipras has insisted that although he disagrees with the conditions of the bailout terms, he had no choice but to accept and implement them to keep Greece in the euro, which the vast majority of Greeks want.

With the country's finances now secured, Tsipras said he felt obliged to let the Greek people evaluate his work.

Tsipras had delayed a decision on whether to call new elections until after Greece received the first installment from the bailout and made a debt repayment to the European Central Bank, both of which it did Thursday.

"Now that this difficult cycle has ended ... I feel the deep moral and political obligation to set before your judgment everything I have done, both right and wrong, the achievements and the omissions," he said in the address.

"The popular mandate I received on Jan. 25 has exhausted its limits."

THE ASSOCIATED PRESS

SPONSORED CONTENT

Gain experience in the real world with CDI College

One of the biggest challenges faced by those heading back to school is relearning how to study, which was what intra oral dental assisting graduate Madelle Villanueva struggled with before she went to CDI College.

Villanueva returned to school in hopes of entering the oral health-care industry, but was concerned with the difficulties she

may face. She chose to enrol in CDI College's 45-week intra oral dental assisting program, not only because it provided the technical training she needed to succeed in this field, but it also allowed her to develop her skills through alternate methods such as hands-on practice in the school's labs, as well as clinical placements.



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IEWS

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WEEKEND, August 21-23, 2015

THE KOHLER REPORT: ON INFANT INTERLOPERS



I don't think anyone enjoys excluding babies, but I do think a lot of people enjoy certain activities more when babies are excluded.

I woke up this morning wondering how I could alienate myself from all my friends who have children. And then it hit me: Write a column about how I don't want them to bring their children places. So here I am.

Earlier this week a Winnipeg mother attempted to bring her two-month-old son to an outdoor theatre to see the play *Sister Act* and was turned away due to the theatre's "no babes in arms" policy. The mum then went to the media crying foul. I say all is fair in love, war and Whoopi Goldberg-inspired theatre.

I don't think anyone

enjoys excluding babies, but I do think a lot of people enjoy certain activities more when babies have been excluded. Plays, for instance. The dramatic arts are best enjoyed in an environment devoid of distractions, noise and "eau de poo," and the problem with babies is that all of those things are kind of their shtick. A baby is like a soft little boom box with no volume control that intermittently plays high-pitched noises. Frankly, *Sister Act* has enough of those on its own.

I was doing stand-up in a suburb north of Toronto a few months ago when some-

one showed up with their six-week-old daughter. I now know that a great way to ruin a good abortion joke is to have a tiny heckler punctuate it with several goo-gooes and ga-gas.

I'm pretty easygoing about babies in most situations. I like babies. But what about that whole "There's a time and a place" thing? What if I showed up to a Gymboree Play & Learn and started doing shots in the corner? How would that go down?

It's pretty hard to talk about this without feeling like a very bad person. Nobody wants to resent a baby, except maybe their older

sibling. And I admit that I don't have kids so I don't know what it's like to really, really want to see *Sister Act* in an outdoor theatre in Winnipeg and not be allowed to. I can only imagine the sorrow.

I'm not saying your baby isn't important (I believe that children are our future), but why should your and your baby's happiness override that of others?

Maybe one day I will have a baby and I'll reread this column and dislike myself greatly. Maybe I'll try to go somewhere with my baby and be turned away. Maybe I'll be angry and go to the news station or maybe I'll say to myself, "Relax, Rebecca. There's lots of other stuff you can do with your baby. You can go to Chippen-dales another time."

Rebecca Kohler is a stand-up comic, writer, actor, gymnast, lawyer and chemist. (Some of this isn't true.) Follow her on Twitter @becca_kohler.



The Ashley Madison leak: Violation or case of karma? Visit metronews.ca to answer our poll.

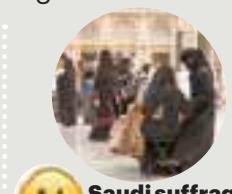
Happy face / Sad face

From **sexy soirees** to **invading insects**, Metro weighs in on the news making headlines this week



An accessible orgy

In some ways it was like any other sex party in Toronto: booze flowing, burlesque dancers dancing and a performance artist painting in the nude. But this sold-out show offered something different: hydraulic lifts and harnesses to help people get in and out of wheelchairs, and free entry to personal support workers. As far as the organizers know, Deliciously Disabled was the city's first sex party specifically for people with disabilities, and it provided both X-rated fun for those involved and a reminder to everyone that disability and sexuality aren't mutually exclusive. SOURCE: VICE



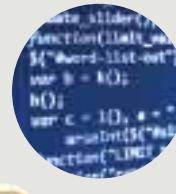
Saudi suffrage celebration

In a seriously belated suffragette-style victory, the first Saudi Arabian women have registered to vote in local elections. They'll also be able to stand for office for the first time in December. Local feminists are now leading a drive to register women to vote, and the newly named King Salman is gaining international praise for approving the measure, despite the late date. Amidst all the cheering, some Saudis see suffrage as a "Western intrusion" — and women are still not allowed to drive themselves to the polls. SOURCE: AL JAZEERA



Woes in the woods

One of Canada's most beautiful trees — the emerald-green eastern hemlock — is "in intensive care," says a paper in the journal *Science*. Its enemy: a pinhead-sized Japanese insect, the hemlock wooly adelgid. It has infested more than half the hemlock's territory and kills almost every tree it attacks. Insecticides are expensive and labour intensive. Scientists may release a predator to eat the adelgid or breed hemlocks resistant to it. It's unclear if either can be done before the forest is emptied of an icon. SOURCE: SCIENCE



Decoding discrimination

Smart software can do a reasonable imitation of a human worker, even evaluating job applications and making loan decisions — but it turns out it's copying our flaws as well. Algorithms meant to eliminate discrimination may be replicating it instead, according to a new paper presented at an Australian data-mining conference. Researchers wrote a code that predicted applicants' race and gender based on the data used by a résumé-scanning program, which was apparently picking up on things like street names and applicant names, leading to unfair generalizations. SOURCE: GIZMODO

ROSEMARY WESTWOOD

metroview

A book that makes you change the way you think, forever



Ta-Nehisi Coates tweets a lot lately about video games.

He tweets opaquely about video games. Example: "Pool of Radiance series is the best of the 80s old school joints. Those who disagree are base enemies of humanity."

Some of his followers openly wonder if his Twitter feed has been hacked. It has not.

The expectation is that the man who wrote *Between the World and Me* — which will be dubbed the most important book of the year/decade and can be found in the hands of Barack Obama and the pop singer JoJo — must tweet with the same gravitas with which he writes books: Burdened and proud, poetic and purposeful. And possibly only about race.

But it would be a mistake to think that if you read his book (everyone is reading his book) you will know him. That is never true.

The payoff is different, and better. You will understand, in as much intimacy as is possible, what life is like for a black man, if you are not one.

That is no small thing.

You will also find in a slim white book a heavy and disorienting theory of race, how it is inexplicably tied to the American (or capitalist) dream, and how small we all are in the face of that myth.

Destructive, too, because it's one of those books that

doesn't let you go back to the way you used to think. It destroys your previous understanding of race and explains why, to quote Coates, there is no post-racial America and there will never be, unless the concept of "America" itself is destroyed.

No, it's not light summer reading. Yes, you should get a copy.

Probably, the book is most important for black Americans, and maybe black Canadians, and other so-called non-whites.

But I am a so-called white woman, and it is also an important book for me. Coates charges that in order to stop the oppression of black people, white people have to stop thinking they're white. We have to recognize that "whiteness" and racial hierarchies at large were created so that some people could exploit others, and that there is actually no biological basis for race (a basic fact, and part of why Rachel Dolezal was so fascinating).

I spend my days flitting about from article to article, one thin idea to the next. I often feel parched for depth, but can hardly seem to finish a book these days. I often think it's my fault.

But I read Coates' book in a weekend.

It's engrossing, beautiful and painful. Not very long, anything but thin.

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"I have secretly over the last several years been viewing pornography on the Internet and this became a secret addiction and I became unfaithful to my wife."

- Josh Duggar, whose name was in leaked Ashley Madison database

Sinister 2 shtick far too slick

SCARY MOVIES

Glossy production makes horror hard to believe

IN FOCUS

Richard Crouse



When was the last time you were freaked out by a Hollywood movie?

I can admit that *It Follows* and *Unfriended* raised a few goosebumps and I recall a Saturday matinee screening of *Paranormal Activity* that was the first and only time I have ever heard anyone actually scream in a theatre. I don't mean a quiet whimper followed by an embarrassed laugh or a frightened little squeal. I mean a full-on, open-throated howl of terror.

But these days it seems to me those moments are becoming fewer and further between. Zombies have gone mainstream, vampires now sparkle in the sun and werewolves have hipster hairdos.

I find the news more upsetting than most mainstream monster movies.

A recent re-watch of *In Cold Blood* gave me a jolt unlike any recent traditional gore fest.

It's not a horror film in the conventional sense, but because it's a true story of a senseless murder, it sent shivers down my spine.

A new film this weekend, the haunted home-movie tale *Sinister 2*, can only be called a horror movie because it is so poorly made. It is terrifyingly badly made but there is nothing that will actually give you nightmares, and isn't that the whole point?

George Mihalka, director of *My Bloody Valentine* — a movie Quentin Tarantino calls his all-time favourite slasher film — agrees that conventional horror is in a rut.

"As long as mainstream horror focuses on glossy monsters and the perfectly backlit villain and stylish gore shots that could pass for TV commercial beauty shots where blood and victims are interchangeable with beer and models, there is nothing left to fear," he says.

"An honest well-developed character is the reflective mirror that conveys the reality of the monster, villain, serial killer, ghost, zombie or vampire. If there is no truth or reality in the performance we cannot truly believe in the menace. We are left as numb, detached voyeurs of slick boogymen or at best rooting for them to kill off the annoying bad acting of interchangeable pretty plastic people."

Horror hero and Rue Morgue editor-in-chief Dave Alexander agrees that much Hollywood horror errs on the safe side, but says there are still thrills to be had at the movies.

Foreign and indie horror movies — those titles that play genre festivals — are the most exciting and innovative



There is nothing to give you nightmares in *Sinister 2* — expect maybe how bad it is, writes Crouse. HANDOUT

because they're not as bound by the Hollywood business model that favours remakes, sequels and chasing trends.

That said, there are still chills to be had at the multiplex when a breakout title with an original concept comes along — one of the best recent examples being *It Follows*.

Chris Alexander, editor-in-chief of legendary N.Y.C.-based horror and dark fantasy film culture magazine Fangoria says "real horror has always

thrived in the mainstream and elsewhere. Always will."

"Throughout horror history, there have always been 'lite' versions of more palpable big-screen terrors. From the various monster comedies of the 1940s (how many times did Bela run afoul of Bowery Boys and Brooklyn Gorillas?) to Abbott and Costello romps to The Munsters. And *Dark Shadows* was a vampire soap opera that romanticized vampires for lonely housewives.

"Horror in the mainstream

MISTRESS AMERICA

Fort Tilden ★★★★

Sinister 2 ★

Hitman: Agent 47 ★★

American Ultra ★★★

Bang Bang Baby ★★★

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Death of Swan, rise of Stewart

KRISTEN STEWART

American Ultra proves she's a terrific thespian

Matt Prigge
Metro in New York City

Before she scored the *Twilight* gig, Kristen Stewart was simply a young actress. She was a child performer, just like Jodie Foster, who played the mother of her tomboyish teen in *Panic Room*. Among her first wave of raves was for a small but key role in *Into the Wild* — a turn that acclaimed French filmmaker Olivier Assayas (*Carlos*) said made him want to work with her. Assayas would belatedly cast Stewart in *Clouds of Sils Maria*, which netted her a Cesar — the French equivalent of the Oscar — for best supporting actress earlier this year. She was the first American to get the trophy.

Around the time of *Into the Wild*'s release in fall of 2007, Stewart landed the coveted role



ALL PHOTOS: GETTY IMAGES

of Bella Swan in *Twilight*. After that her life was never the same, and not exactly for good. Her existence became a non-stop surveillance hell, her every move documented, her dazed talk show appearances obsessively scrutinized, her sex life salivated upon by every publication. Most one-on-one inter-

views dwell on her fumbling but usually failed attempts to seem invisible as she walks among us.

What's worse, her brand seemed to suffer. Critics and non-Twi-hard audiences quickly turned to pouncing on Stewart. She still did indies and artier fare, but she was now The Girl from Those Movies — a starlet with

unkempt hair and a perpetually open mouth trying in vain to score some cred. Right now it's surprising that Stewart — it should be said deservedly — won a fancy European acting award, and for a movie that's 80 per cent her onscreen with no less than Juliette Binoche. But it shouldn't be surprising. Stewart has always

words come out of her mouth.

Stewart's *Sils Maria* turn is, in effect, "the Kristen Stewart performance" — roughly the same remote, alto-heavy approach seen in *Into the Wild* and *Adventureland*, plus other indies like *Welcome to the Rileys* (in which she's a prostitute to James Gandolfini), *The Yellow Handkerchief* (a road trip saga with her, William Hurt and Eddie Redmayne), *The Runaways* (doing a mean Joan Jett) and *On the Road*.

This week sees the release of *American Ultra*, which is a stoner action-comedy sort of in the vein of *Pineapple Express*. Jesse Eisenberg plays a sleeper agent-turned-burner who doesn't remember he has Jason Bourne moves until they're awoken. Stewart plays his equally toking girlfriend who helps him as they escape, and in his case often brutally kill, government agents wanting him dead.

She does a lot with very little. She's not particularly funny, nor is she asked to be. She's the film's rock — the power that gives it more weight than it perhaps deserves. This shouldn't be surprising, and it shouldn't be think piece-worthy. After all, she has a Cesar.

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Greta Gerwig, centre, is seen as one of the most authentic actors of her generation. HANDBOUT

Flaky and unfocused? It's just an act

GRETA GERWIG

Writer and star of *Mistress America* wants to direct next

Greta Gerwig is sitting in a Greenwich Village café trying to explain how she goes from being fully enmeshed in creating a film — co-writing it, producing it — to stepping into the story and inhabiting a character.

"My job is to almost get a bit unconscious about the whole thing," says Gerwig. "It's an odd paradox of completely knowing what you're doing — the language is in you, it makes sense — and also feeling like you're riding something but you don't have control of the speed."

She pauses. "I keep thinking of a jet ski. I don't know why."

Mistress America, which opens Aug. 28, is the second film Gerwig has co-written with director Noah Baumbach, who is also her boyfriend. Together with Frances Ha, the two movies have established a wider view of Gerwig, already seen as among the most authentic actors of her generation.

Though her sincere, confused characters have the messy blurred lines of life, that doesn't mean they aren't finely drawn.

"She's broadening the scope of what she's doing," says Baumbach, who first cast her alongside Ben Stiller in Greenberg before the two became closer while making *Frances Ha*. "She's a real

voice. It wouldn't be wrong to say she has an authorial voice before she's actually directed a movie."

But as Gerwig said in her recent interview, "That, sir, is in the works today." She's finalizing plans to direct a screenplay she wrote called *Lady Bird* that's set in her hometown of Sacramento, Calif. She'll shoot it in March, with Scott Rudin producing.



Nobody was going to make any money, anyway. It seemed pointless not to amuse ourselves.

Greta Gerwig on making *Mistress America*

So, by jet ski or whatever watercraft metaphor you like, Gerwig is on the move. *Mistress America* was conceived around Gerwig's character, Brooke, a 30-year-old whirlwind of truly felt but poorly planned ambitions. Her intoxicating orbit draws in Tracy (Lola Kirke), her stepsister to be, a freshman and budding writer at Barnard College (where Gerwig also went with playwright aspirations).

Like Baumbach's last film, *While We're Young*, and *Frances Ha*, much of the drama comes from characters growing into or accepting their place in life.

THE ASSOCIATED PRESS

SILENCE OF THE LAMBS

Killer deal: House from horror flick for sale

Celebrate your purchase of this lovely four-bedroom Victorian with some fava beans and a nice Chianti.

The house that was used as the home of psychotic killer Buffalo Bill in the 1991 film *The Silence of the Lambs* is up for sale.

The production crew took six weeks to turn the 3-story home into the squalid home of the killer played by Ted Levine. A film crew spent three days shooting in the foyer and

dining room of the home near Perryopolis, about 50 km southeast of Pittsburgh.

The owners, Scott and Barbara Lloyd, both 63, were married in that foyer on Feb. 13, 1977, a couple of months after buying the house.

"It's rather bittersweet," Barbara Lloyd told the Pittsburgh Tribune-Review. "We got married in this home, we raised our son in this home, but we are ready to move on."

The Lloyds are asking \$300,000 for the home, which also features an in-ground pool and a vintage caboose as pool house.

The *Silence of the Lambs* won five Academy Awards: Best Picture, Best Actor, Best Actress, Best Director and Best Adapted Screenplay. Anthony Hopkins played Dr. Hannibal Lecter, a crazed, cannibalistic psychiatrist whose macabre clues help Clarice Starling, the rookie FBI

agent played by Jodie Foster, track down and kill Buffalo Bill in his home.

About that: The basement dungeon where Buffalo Bill kept one would-be victim, and where he was eventually killed, doesn't exist. Those scenes were shot on a sound stage, Scott Lloyd said.

Still, real estate agent Dianne Wilk is hopeful that the 1910 home's spooky pedigree will attract rather than repel buyers.

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THE TV DINNER JESSICA ALLEN



'But what about Museum Mile?' I asked Greta Gerwig. Where does one economically refuel on the Upper East Side after hours of looking at art?

A few years later, Baumbach and Gerwig co-wrote *Frances Ha*, which he directed and she starred in — a collaboration they've repeated with *Mistress America*, which opens Aug. 21, in Toronto and in other Canadian cities a week later.

Tracey (Lola Kirke) is a lonely college freshman. Her soon-to-be stepsister Brooke (Gerwig) enters the Manhattan-based picture and shakes things up with her spirited, yet peculiar, brand of adventure.

After the film premiered at Sundance, *Variety* said it was "one of Baumbach's warmest and purely funniest films," which may be on account of Gerwig. Her performance "confirms (her) as one of the great, fearless screen comedienne of her generation," they wrote, "a tall, loose-

THE MOVIE:
Mistress America



THE MEAL:
Club sandwich with fries



limbed whirligig who careers through scenes with the beauteous ditziness of a Carole Lombard or Judy Holliday."

And through life, too, I met Gerwig when she was in Toronto promoting *Damsels in Distress* during the 2011 Toronto International Film Festival. Hotel room junkets must have been relatively new and nerve-racking for

the actress — as they were for me. In fact, Gerwig's junket was my first.

I don't remember details of the interview, other than that she was reading a novel when I entered the room. But I do remember what happened afterwards — and not the bit about how we lost the video footage: I'm talking about when I walked

Designers Charles and Ray Eames were a couple who creatively collaborated with great success. In film, however, similar collaborations don't always have Hollywood endings: Vincente Minnelli directed *Judy Garland*; Woody Allen directed *Mia Farrow*; Guy Ritchie directed *Madonna*; and Noah Baumbach directed *Jennifer Jason Leigh* in *Margot at the Wedding*.

Baumbach separated from Leigh, his partner of nine years, in 2010 after he directed *Greenberg*, which co-starred Ben Stiller and Greta Gerwig, with whom he is now in a relationship.

outside the Ritz Carlton and lit a cigarette.

Gerwig sat down beside me and asked for a light. She fumbled with the lighter — like Buster Keaton might, if he were wearing Prada — for minutes. After talking about restaurants in Toronto, Gerwig plucked my notebook and pen from my bag and began to write a list of New York eateries I should visit.

SriPraPhai in Queens, Murray's Bagels on 6th Ave and, of course, the Burger Joint hidden inside the Parker Meridien. "But what about Museum Mile?" I asked her. Where does one economically refuel on the Upper East Side after hours of looking at art?

Gerwig told me about *Soup Burg*, a diner at East 77th Street and Lexington, which for the next three years became my club sandwich-with-fries pit stop after gazing at Greek art and Gauguins.

The last time I went to grab a post-museum lunch in 2014, *Soup Burg* had unceremoniously closed its doors. It was a collaboration, of sorts, that I wish hadn't ended.

Jessica Allen is the digital correspondent on CTV's *The Social*.

MOVIE BRIEF

JLaw tops big bucks list

Forbes Magazine has released its annual list of the 50 highest-paid actresses, with *Hunger Games* star Jennifer Lawrence topping the list. Lawrence earned \$52 million pre-tax over the last 12 months.

Scarlett Johansson was second, with a revenue of \$35.5 million. Melissa McCarthy has amassed \$23 million, earning her the third spot on Forbes' list.

The only non-American actress to feature on the list was Chinese actress Bingbing Fan, who came in at No. 4.

The list also brought with it a very telling statistic. Compared to the highest-paid male actors list, the women's combined earnings came in at \$660 million less, confirming the gender-based pay difference in Hollywood. AFP

Jennifer Lawrence
GETTY IMAGES



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INTERVIEW

Baumbach on writing strong roles for women

Matt Pridge
Metro in New York City

Collaborating worked out on *Frances Ha*, so writer-director Noah Baumbach and writer-actor Greta Gerwig — also a couple in real life — decided to do it again.

The result is *Mistress America*, a shape-shifting look at the friendship between Gerwig's flighty New York gal and an impressionable freshman played by Lola Kirke (Mozart in the Jungle). They even made the second half a lengthy screwball comedy set piece — a sequence that was tricky for both the actors as well as Baumbach. At least it gave him the chance to again put a favourite, possibly now cool pop star on his soundtrack.

While We're Young and *Mistress America* concern young people who run into trouble when it comes to using real people for their art.

Those are similarities I've become more aware of doing interviews than I was when I made them. I didn't think of that, actually, but I understand the similarities. Both of them are about idolatry and what

you put on a person, what you make them out to be, even if that isn't necessarily what they are.

It's also interesting to see a film about a woman idolizing another woman. It's usually the man idealizing a woman.

On *Frances* we had explored a friendship between women that had no reliance on a male. *Frances* is about figuring stuff out, but it had nothing to do with failing in love. That was something that at the time we were less aware of until we finished the script. Like, "Oh, that's cool, it's not about a guy helping her figure it out. It's about figuring it out on your own, with other women."

In this we wanted to keep going that way and exploring a central female relationship. I think there is something about friendships between the same sex, particularly with a young girl, when you're looking up to someone you think you want to be.

How much do you think it helps having a female co-writer when it comes to writing female characters?



It's not about a guy helping her figure it out. It's about figuring it out on your own.

Noah Baumbach on *Frances Ha* and *Mistress America*

The thing about writing is you only have to understand up to a point what you're representing. Whether it's a woman writing a man or a man writing a woman, or if you're writing someone from a different ethnicity or a different age, on some essential level it doesn't mean you have to be that person.

Indie summer listening

Too busy to keep up with this year's indie releases? Now that the summer heat has slowed you down, we've got five albums that'll keep you cool whether beachfront, poolside or on a road trip. **AFP**

Wolf Alice *My Love is Cool*

This debut album was one of the year's most-anticipated for indie fans, many of whom had become well-acquainted with the North London alternative rock band through touring and EPs.

Released in June, the debut spotlights singer Ellie Rowsell on an album of youthful rock 'n' roll.



Sufjan Stevens *Carrie & Lowell*

The U.S. singer-songwriter-instrumentalist always gets the indie world chatting when he releases new music, and his latest, the March album *Carrie & Lowell*, did just that and also drew praise as one of his best.

The intimate album sees him return to his folk roots.



Belle and Sebastian *Girls in Peacetime Want to Dance*

The Scottish indie-pop band released its latest album early this year — five years after its previous LP. A greater focus on pop characterizes this latest, which ventures into nu-disco for an album that seems to have the dance floor in mind.



Father John Misty *I Love You, Honeybear*

American folk musician Josh Tillman, previously of Fleet Foxes, released his second album under his moniker Father John Misty in February. The album's songs are at once plaintive, cynical and ironic and see Tillman delve into his own personal life and relationships.



Courtney Barnett *Sometimes I Sit and Think, Sometimes I Just Sit*

After building buzz via live shows and two EPs, the Australian singer-songwriter released her debut album in March to critical acclaim. With lyrics and music that is a clear nod to 1990s grunge, she recounts rather ordinary tales of daily life.



FM RADIO

How smartphones could revive FM radio

SOUND CHECK

Alan Cross



Your smartphone contains four radio devices. The first deals with cellular data; the second allows you to connect to Wi-Fi; the third handles Bluetooth; and the fourth lets you listen to FM radio.

Wait. What?

That's right. Many millions of smartphones — including virtually every iPhone and all of Samsung's Galaxy phones

— come with an FM chip installed at the factory. It's just that most manufacturers have never turned the chip on. But that's starting to change.

AT&T recently announced that they're going to join Sprint in firing up the chips in Android phones on their networks as part of a deal with NextRadio, an initiative being pushed with great gusto by Emmis, the second-largest radio broadcast group in the U.S. Before you write this off as a mere FM tuner in your phone like you may have seen in older MP3 players (Microsoft's Zune had one of these), SmartRadio

is much different. And it's also different from the kinds of apps you might have downloaded for your favourite radio stations.

This app combines over-the-air FM broadcasts with an Internet connection to create a very interactive listening experience. Users can view artist details, album art, information about songs, share favourite songs on Facebook and Twitter and interact with the station itself. And it looks fantastic.

The best part? You can listen to this programming without blowing through your data caps. After all, you're not listening

to an Internet stream. Only the interface consumes data — and it sips rather than gorges. Plus battery life is extended.

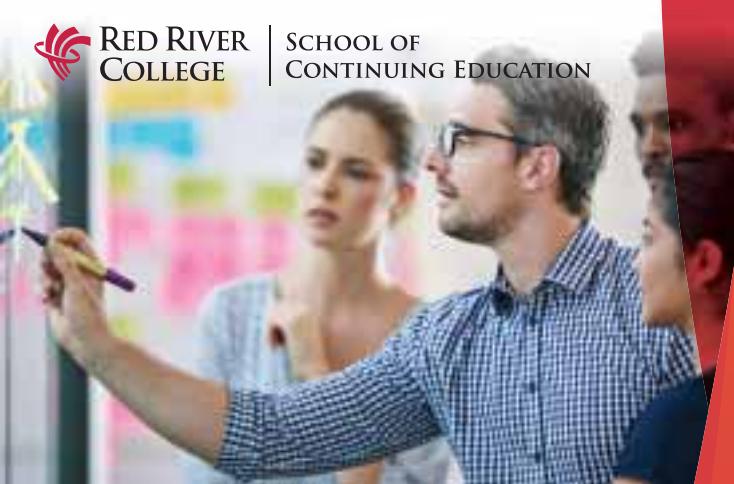
This, of course, is why a lot of telcos aren't keen on activating the FM chip. If people can listen to music for free, subscribers won't use as much data and, of course, no one wants to jeopardize a revenue stream.

But broadcaster groups will not let up in their lobbying. The industry desperately wants the FM chip activated so that old-school radio will be in a device that's been robbing it of listeners.



Your iPhone contains an FM chip that, once active, could unleash free radio. GETTY IMAGES

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Oasis beyond The Strip

THE ASSOCIATED PRESS

1 Hoover Dam

Built between 1931-36, Hoover Dam is an architectural marvel, considered one of America's seven modern civil engineering wonders.

The dam spans 379 metres across Black Canyon and rises 221 metres from the Colorado River.

But like the Grand Canyon or Niagara Falls, Hoover Dam is a sight — albeit man-made — where descriptions or pictures don't do it justice; it's something that has to be seen to truly appreciated.

The view from the road is unimpressive, but once you look over the edge to the sliver of river below, expect your breath to be taken away. The view from the O'Callaghan-Tillman Memorial Bridge above the dam — accessed from a parking lot on the road to Hoover Dam — also is spectacular and looking back toward the deep blue water of Lake Mead isn't bad, either.

The visitor centre offers interesting details about the dam's history, but to get a true appreciation, take the tour to see the inner workings.

A quick warning: The large elevator can be crowded and there are warnings about claustrophobia. The trip is short, though, and the friendly guides tend to ease the tension during the 161-metre ride down.

The 30-minute guided power plant tour includes viewing the nine-metre penstock pipes, which control the flow of water, along with massive generators and access to the visitor centre. The hour-long dam tour has the same elements, but visitors also get to explore the various tunnels throughout the dam and peer out the air vents facing the downstream face.

Online: usbr.gov/lc/hooverdam



Las Vegas lures visitors from around the world with its bright lights, gambling and flamboyant shows. But even the most die-hard revellers can get worn out from the never-ending party on The Strip. Two of the top destinations for Vegas visitors who need a break are just 30 minutes to the southeast at the Arizona-Nevada state line: Hoover Dam and Lake Mead.

2 Lake Mead

At full capacity, Lake Mead is the largest reservoir in the United States. It hasn't been at capacity in decades, though, with water levels dropping more than 60 per cent due to drought conditions in the Southwest.

Even with low levels, Lake Mead is still one of the largest man-made lakes in the country — and there's plenty to do. During the summer, the main attraction is the water: boating, water skiing, jet skiing, swimming, fishing, house boating.

A warning here, too: This is the desert, so it gets very hot during the summer. Park rangers urge people not to hike after 8 a.m. and to bring along plenty of drinking water.

The lake has nine developed areas, though the boat ramps at Las Vegas Bay, Government Wash and Overton Beach are closed due to low water levels. Las Vegas Boat Harbor, Callville Bay Resort and Temple Bar Resort & Marina have boat rentals, stores and restaurants.

The park has nine wilderness areas and numerous campgrounds dotting the shoreline, including some that back right up to the water.

Though most of the nearly seven million visitors to Lake Mead come during the summer, other times of year offer activities like hiking, biking, off-roading, camping and fishing.

The low water levels have revealed new beaches and coves, along with a few new sights, including the ruins of St. Thomas, an Old West town that previously had been submerged. Divers also can see the remnants of a B-29 Superfortress that crashed into the lake in 1948.

Online: nps.gov/lake/index.htm



TRAVEL NOTES FLYING PIGS, ARUBA RENO AND PASSPORT SAFETY

Jet-set pets

The Ark, a giant, privately owned airline animal terminal and transport facility, is set to open next year at New York's JFK airport. The multi-million-dollar, multi-purpose station is run in part by New York pet-service provider The Spot Experience, and will handle the import and export of horses, dogs, cats, birds, zoo animals and all kinds of livestock. Visit arkjfk.com.



The export horse stalls at The Ark. CONTRIBUTED

The other Palm Beach

The all-inclusive Riu Palace Aruba, on the white sands of the Dutch Caribbean island's Palm Beach, has just reopened after a \$32-million renovation. All rooms, restaurants, bars, pools and even the theatre have been made over. Other highlights include a casino, a golf course and a 24-hour sports bar. Visit Riu.com.



The Riu Palace Aruba
CONTRIBUTED

Passport tip

As a safety net in the event your passport goes AWOL, keep copies of it in your luggage. Stash one in your suitcase, one in your carry-on and even one in the sole of your sneakers, along with a jpg of it on your phone and on a cloud-based server. This may seem like overkill, but it makes replacing it so much simpler. Visit travel.gc.ca.

DOUG WALLACE



Keep a copy of your passport in a safe place. CONTRIBUTED

5

MUST TRY'S IN CHIC DUSSELDORF

Dusseldorf is a sophisticated, cosmopolitan city of swish hotels, contemporary art and designer labels. Though its surface glitter is underpinned by the business acumen of its banks and corporate headquarters, fashion houses and advertising agencies, it's the confident ease with which Dusseldorf enjoys its prosperity that strikes visitors most forcefully, from the Altstadt's bars and restaurants to the chichi boutiques on stately Konigsallee.

Dusseldorf's worldly flair is evidently nothing new, for when Napoleon passed through in 1806 he thought the city a "little Paris." Today it offers an invigorating contemporary art and architectural movement, which seems to have sprung out of the soil via Frank Gehry and Will Alsop. **ANDREW JOHN VIRTUE DOBSON/FOR METRO**



1 Leaning towers

Over the past decade, the redundant harbour south of the parliament has been reinvented as the hip Media Harbor, with advertising agencies alongside slick nightclubs, restaurants and eye-catching buildings by celebrity architects. Particularly distinctive are the wobbly silver-and-white Neuer Zollhof towers by Frank Gehry.



3 To market we go

Pop by Carlsplatz, the city's farmers' market, during the lunch hour to swoon over all the handsome gents in dapper suits who come here to enjoy a fresh al fresco feast. Take the time to wander through the market's various alleyways and you'll discover lush floral bouquets, smoky butchers, swoon-worthy cheese shops, fresh rye at the bakery and pretty produce.



4 Place of worship

The distinctive spire of St. Lambertus forms the visual focus of the agreeably walkable Altstadt. The church's spire owes its twisted shape to the use of unseasoned timber when it was rebuilt after a lightning strike in 1815. Inside, the highlights are the rocket-like 15th-century Gothic tabernacle and the splendid Renaissance memorial to Duke Wilhelm V.



2 House of modern art

Facing the Kunsthalle across Grabbeplatz is the sinuous, glossy black facade of the K20 Museum, which houses an outstanding collection of modern art including around a hundred works by Paul Klee as well as work by Joseph Beuys, a substantial Cubist collection including work by Braque, Leger and Picasso, and postwar American art from Pollock to Warhol.



5 Palace fit for a doll

The pretty, pink ensemble of Schloss Benrath is arranged symmetrically around a large pond a short drive from downtown Dusseldorf. Built between 1755 and 1770 in a style that is on the cusp of Rococo and Neoclassical, the complex has a doll's-house neatness. A perfect stop for those enchanted by the lore of the European palace.

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metro SPORTS

Your essential daily news



Tiger Woods opened the Wyndham Championship with a 64, his best round in two years

IN BRIEF

Giants acquire Byrd to help banged-up outfield

The San Francisco Giants acquired outfielder Marlon Byrd and cash Thursday from the Cincinnati Reds to boost their injury-plagued outfield.

A day after losing out on second baseman Chase Utley, whom the Phillies traded to the NL West-leading Los Angeles Dodgers, the defending World Series champions made their own move to boost an outfield that has dealt with injuries to all three starters: Angel Pagan, Nori Aoki and Hunter Pence.

San Francisco trailed L.A. by two games going into Thursday. THE ASSOCIATED PRESS

Raptors sign Valanciunas to \$64M extension

The Toronto Raptors have signed Jonas Valanciunas to a multi-year contract extension.

The deal announced on Thursday is worth a reported \$64 million US. Valanciunas tweeted that the deal was for four years.

The seven-foot Lithuanian centre averaged a career-high 12.0 points last season, with team highs of 8.7 rebounds and 1.2 blocks. THE CANADIAN PRESS



Jonas Valanciunas
TORSTAR NEWS SERVICE

Josh Donaldson for AL MVP ... 'Who else?'

MLB

Third baseman has led Jays into playoff contention

Among the favoured expressions of Blue Jays' outfielder Jose Bautista is a kind of practiced incredulity. Suggest for instance that Mike Trout is the consensus frontrunner for American League MVP and you will be met with a sharp, quizzical glare.

"What?" he shot back at on Wednesday. "Says who?"

The notion that Trout, the Angels' 24-year-old centre-fielder, is the favourite to win his second MVP in as many years is a foreign one to Bautista. "I don't know where you're making that assertion from," he said. "I would be surprised if he was."

It's no surprise whom Bautista believes is most deserving of the title.

"Josh Donaldson," he said. "No doubt. Who else?"

For Bautista, not only is his teammate the frontrunner, he's the only one in the race.

"If the season ended today, he should be the MVP. There's no doubt in my mind. There shouldn't be a doubt in anybody's mind, no offence to any



Josh Donaldson and Mike Trout each had 33 home runs as of Thursday afternoon.

ROB CARR/GETTY IMAGES

other player."

With the Blue Jays opening a three-game series against the Angels this weekend, the MVP debate will be in the spotlight as Donaldson and Trout face off for the first time since May.

With all due respect to Bautista, it is a true, two-horse race. Donaldson and Trout have 33

6.7

According to Fangraphs, Trout has a wins above replacement value of 6.7, while Donaldson is at 6.6.

home runs apiece and they are both hitting just a shade under .300. Trout has a higher on-base and slugging percentage, but Donaldson has scored and driven in more runs. According to various metrics, Donaldson has been the better defensive player this season, while Trout adds more value on the basepaths

and plays a tougher position.

"We could talk about Trout until we're blue in the face," said Jays centre-fielder Kevin Pillar. "We all know he's the best player in the world. What he does is incredible for how young he is and how talented he is. But you look at the bigger picture of what Josh has meant to this team and where this franchise is at for the first time in a long period of time, you've got to take that into consideration."

Do you? That's at the heart of the debate. What does "most valuable" mean? If the Jays win their division and the Angels don't, is Donaldson more deserving? No definition is given to the 30 baseball writers — two from each American League city — who vote on the award. For some, it's strictly a matter of individual achievement. It should be given to the league's most outstanding player, period, regardless of team performance. For others, a player's value is relative to his team.

"What defines an MVP? I guess it's if you take that guy out of the team it changes the complexion of the team," said Jays catcher Russell Martin. "Who has the biggest impact on their team? It's always going to be debatable. It's kind of hard to compare an outfielder to a third baseman."

TORSTAR NEWS SERVICE

CFL

Bombers scoop up linebacker Simmons

The Winnipeg Blue Bombers signed Jasper Simmons to their practice roster Thursday following the linebacker's dramatic exit from Calgary.

The Stampeders released Simmons on Tuesday after his agent went on a Twitter tirade to complain about Simmons' playing time.

Simmons had struggled to find playing time since being traded to Calgary in the off-season. He had four tackles in four games with the Stampeders



Jasper Simmons
GETTY IMAGES

this year. That's a stark contrast to the 2014 season, when Simmons had 80 tackles and six interceptions and was named the Redblacks' most outstanding player and top defensive player.

Winnipeg (3-5) has a bye this week before hosting Calgary on Aug. 29. THE CANADIAN PRESS

IN BRIEF

Rodgers back on the move now that calf has healed

Eight months after being limited by a sore left calf, Aaron Rodgers is fully healed.

So opponents must again stay on their toes against a quarterback known for his ability to extend plays.

The NFL MVP had no issues in the off-season.

"I have zero inhibitions out there and I'm playing the way I want to play," he said after practice Thursday. THE ASSOCIATED PRESS

Cruz doubtful to play in pre-season game vs. Jags

For a few days, it appeared Victor Cruz was on the verge of getting over that second major knee surgery.

The New York Giants wide receiver was making catches in practices and looking smooth doing so.

That was until Cruz pulled a calf muscle in his left leg and coach Tom Coughlin doesn't think he'll play against Saturday's pre-season game against the Jacksonville Jaguars.

THE ASSOCIATED PRESS

NFL

Brady leaves the talking for his arm

Tom Brady's media blackout, purportedly on advice of lawyers handling the legal challenge to his "Deflategate" suspension, has left him unavailable to even discuss how the New England Patriots look on the football field.

But the reigning Super Bowl MVP hasn't been completely silent.

During a pair of joint practices with the New Orleans Saints this week, the 38-year-old demonstrated how well his arm is holding up, and how sharp he

remains on the football field even as the high-profile court case hangs over him.

"He was throwing some dimes out there today," said receiver Matthew Slater, who caught a touchdown pass of about 40 yards from Brady during drills Thursday.

THE ASSOCIATED PRESS



Tom Brady
GETTY IMAGES

De Grasse entering whole new world

ATHLETICS

Rising Canuck sprinting star to face fastest men on planet

When Usain Bolt was sprinting to three gold medals at the 2008 Beijing Olympics, Andre De Grasse was 13 years old and dreaming of playing in the NBA.

He grew up playing soccer and basketball. He could rattle off the names of the best players in the English Premier League. He loved Toronto Raptors star Vince Carter.

It's not that De Grasse didn't know who Bolt was, it's more that he didn't really care about the double world record-holder.

Things haven't changed much as the 20-year-old from Markham, Ont., gets ready to line up this weekend against the best sprinters on the planet at the world track and field championships in Beijing.

"I don't think he's going to be rattled getting in the blocks against Tyson (Gay, a three-time world champion) or Bolt," says his Canadian coach Tony Sharpe. "He never talks about (Justin)



BOLT: I CAN'T SAVE SPORT ALONE

He set world records, won Olympic gold medals, danced on the track and made the sprint game feel fun again.

One thing Usain Bolt cannot do, he insists, is serve as the lone saviour for track and field. "I can't do it by myself," Bolt said Thursday.

Back in Beijing, where he set three world records and won three gold medals at the 2008 Olympics, The World's Fastest Man



GETTY IMAGES

is preparing for the world championships this time around.

But his news conference Thursday was less about reminiscing and more about the topic that has swallowed up his sport of late: Doping.

"People say I need to win for the sport," he said.

"But there are a lot of other athletes who have been running clean their whole career. It's not just on me but on all athletes." THE ASSOCIATED PRESS

Gatlin, Bolt, (Asafa) Powell. Never. Being a little naive about who's around you sometimes can't hurt. Takes away some of that nervous pressure.

"But there's something beyond that with Andre in terms of competitiveness, that can't be ever coached or taught."

It's that inexplicable "something" that saw De Grasse win the 200 metres at the Pan American Games last month in Toronto, despite running out of Lane 8 and in his sixth race in three days.

And while reaching the podium in Beijing might be a tall order for De Grasse, who's coming off a busy Pan Am schedule and a long NCAA season, Sharpe would never count out Canada's new face of sprinting who has rocketed up the world rankings since Sharpe spotted him as a Grade 12 student in a high school meet at York University.

The 100-metre final is Sunday. De Grasse isn't running the 200 but will compete as part of Canada's 4x100 relay.

THE CANADIAN PRESS



Ontario native Andre De Grasse doesn't fear such names as Tyson Gay and Usain Bolt.

EZRA SHAW/GETTY IMAGES

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WORKOUTS FOR BODY AND SPIRIT

Yoga

In addition to meditation, yoga also provides a physical dimension. The fusion of the two is ideal to gently get back into physical activity. The practice of yoga combines flexibility, strength training and a conscious control of movements and your breathing.

Biodanza

Invented in the 1960s, Biodanza was developed from research done on the effects of music to movement and emotions.

This dance activity is done either with a partner or within a group. Participants are led to better connect with their needs and desires and discover new forms of expression. They learn how to be guided by others, release tension, boost their creativity and over time, develop an increased zest for life and for social interaction.

Gentle fitness

In Chinese martial arts, gentle movements represent a "soft" or "internal" tech-

nique and style (nei chia) as opposed to a "hard" or "external" (wei chia) technique. These notions allow the participants of the sport to attain a perfect balance of their bodies and spirit. This is an ideal activity for confronting the difficulties of life and relations with others. Thanks to stretching exercises that reinforce flexibility and work your muscles and joints as well as self-massage, those that practise gentle fitness routines will improve their body's movements. AFP

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* IT'S ALL IN THE STARS by Sally Brompton

♈ Aries March 21 - April 20

You may want to take some kind of gamble today but that might not be such a good idea. You are advised to remember that there are no easy routes to success: it takes hard work, stamina and common sense.

♉ Taurus April 21 - May 21

What you see and hear today may shock you but don't get upset or angry. Other people's actions may not be to your liking but there is not much you can do about it.

♊ Gemini May 22 - June 21

You may be tempted to start something over that is not going as well as expected but if you do it may never get done. Your best course of action is to plod on and hope for the best.

♋ Cancer June 22 - July 23

You have to decide whether or not to continue with a creative project. Think about how much effort you have already put into it. All that will be wasted if you give up now.

♌ Leo July 24 - Aug. 23

Someone feels you owe them and they are about to demand that you pay up in full. You must not let them pressure you into parting with cash. If you owe them a favour then you should pay back in kind.

♍ Virgo Aug. 24 - Sept. 23

It is likely that something or someone will delay or even halt your progress. It may be frustrating but there is not much you can do about it. Stay calm and don't lose your temper.

♎ Libra Sept. 24 - Oct. 23

You should be making plans that stretch well into the future — not weeks or months but decades. You need a vision, something to aim for, something to inspire you. The details can be sorted out later.

♏ Scorpio Oct. 24 - Nov. 22

Important decisions have to be made today. With the Sun at odds with Saturn in your sign you must get tough, both with others and with yourself.

♐ Sagittarius Nov. 23 - Dec. 21

Use your imagination and visualize what it is you most want to accomplish and what kind of person you most want to be. Don't let the critics and cynics hold you back. You can do anything!

♑ Capricorn Dec. 22 - Jan. 20

You have some pretty remarkable ideas buzzing around inside that big head of yours. Don't share them with people in positions of power. They may fear, rightly, that you are aiming to outshine them.

♒ Aquarius Jan. 21 - Feb. 19

Say what you mean and mean what you say. Don't worry if certain people don't like it. There may be a backlash but you are big enough and tough enough to ride out the storm.

♓ Pisces Feb. 20 - March 20

Don't go over the top and make enemies of people who should be friends. You may be speaking the truth, but if you hurt others' feelings they will hurt you right back.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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RECIPE Tex Mex Chicken and Corn Soup


EAT LIGHT AT HOME

Rose Reisman
rosereisman.com

Serves 6.

Ready in

Prep time: 10 minutes
Cook time: 16 minutes

Ingredients

- 2 tsp vegetable oil
- 1 cup chopped onion
- 2 tsp minced garlic
- 1 cup chopped red bell pepper
- 1 corn cob (kernels cut off) or 1 cup canned and drained corn niblets
- 1/2 tsp chili powder
- 1/2 tsp cumin powder
- Salt and pepper
- 1/2 cups diced rotisserie or leftover chicken
- 1 cup canned, drained and rinsed black beans
- 1/2 cup diced tomato

- 4 cups chicken stock
- 3 Tbsp chopped cilantro
- 1/3 cup grated light Monterey Jack cheese or Old Cheddar

Directions

1. In large pot, heat oil and add onion. Sauté for three minutes. Add garlic, red pepper, corn, chili powder, cumin and salt and pepper and sauté for another three minutes.

2. Add chicken, beans, tomatoes and stock. Cover and simmer for 10 minutes. Garnish with cilantro and cheese.

Nutrition per serving

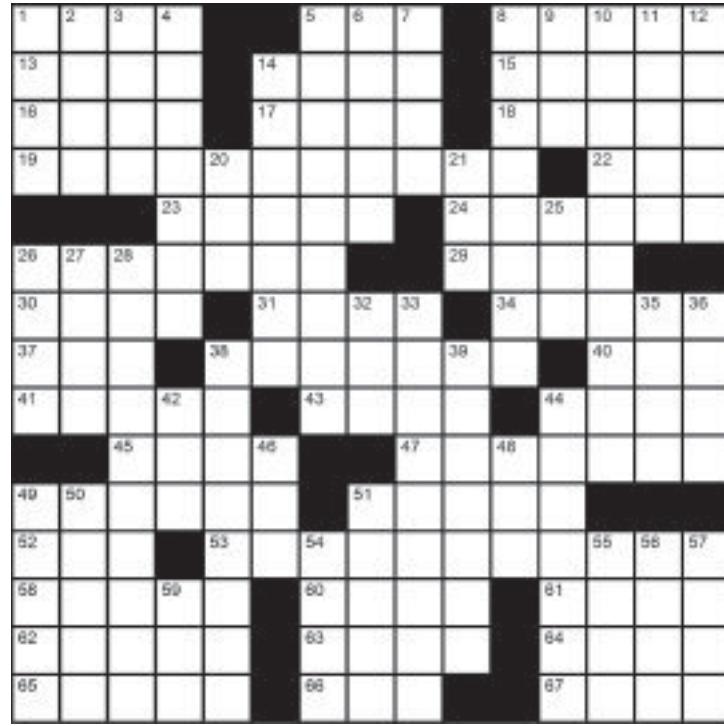
- Calories 216
- Protein 19 g
- Carbohydrates 18 g
- Fibre 3 g
- Total fat 7.5 g
- Cholesterol 10 mg
- Sodium 415 mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

ACROSS

1. Oliver of "Oliver!" (1968)
5. "Today" rival, commonly
8. Jazz improvisations
13. Old Rome's 156
14. Pool-playing props
15. Banish
16. Pack ___ (Get ready to vacation)
17. Bubbly bar
18. Keepsake of yore
19. St. Ives product: 2 wds.
22. Tennis call
23. Smiler's pride
24. Those who have just had dental surgery might avoid eating them for a time
26. Winona Ryder's character in "Little Women" (1994): 2 wds.
29. Mr. Egoyan
30. Oscar-winner Mr. Jannings
31. Frost
34. Spew
37. Down
38. Adorn with garlands
40. Tea: French
41. Slow garden dweller
43. Norse thunder god
44. Scottish slope
45. Miss White of fairytales
47. Church bell ringers
49. "Fantasy Island"



character

51. Fibber ___ and Molly (Old-time radio show)
 52. Lisa Loeb song: 2 wds.
 53. Canadian nutritionist known for her healthy recipes: 2 wds.
 58. Blue hue

60. Auth. unknown

61. Kingly address
 62. Persist
 63. Use the Xerox
 64. Desire Under the ___ (Eugene O'Neill play)
 65. Bonfire remnants
 66. Starring actress in "Titanic" (1997) ...her

initials-sharers

67. Week parts
DOWN
 1. Mil. fliers
 2. British actor Idris
 3. Leave a disaster area, for short
 4. As per #26-Down...
 5. As per #26-Down...

Regular ___
 6. Concert stuff fans would buy, fun-style
 7. Ancient stringed instrument
 8. Prohibited
 9. Big Joe Mufferaw's tool
 10. Metric length unit
 11. Worked at, as

a trade
 12. Religious orders
 14. Horse-drawn carriage in Old Montreal
 20. ___ Lingus
 21. "Surfin' ___" by The Beach Boys
 25. Journal
 26. Ms. Allen of CTV's "The Social" who is the show's #4-Down and #5-Down
 27. Its capital is Muscat
 28. Flair for fortune: 2 wds.
 32. Sports fig.
 33. Agriculture... Carrots and beets: 2 wds.
 35. Dog breed, ___-Pei
 36. Casual tops
 38. Workers laying down tile, perhaps
 39. Mountain formation process
 42. Chg. card percentage
 44. Fortunate
 46. Court
 48. Floral souvenir
 49. Headdress for Kate, Prince William's wife
 50. Carpentry tools
 51. Thompson Twins hit: "Hold ___"
 54. Potatoes holder
 55. Ben Mulroney's mom
 56. Canadian ___ (Military force)
 57. Loch of legend
 59. Blanche's portrayer on "The Golden Girls"

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